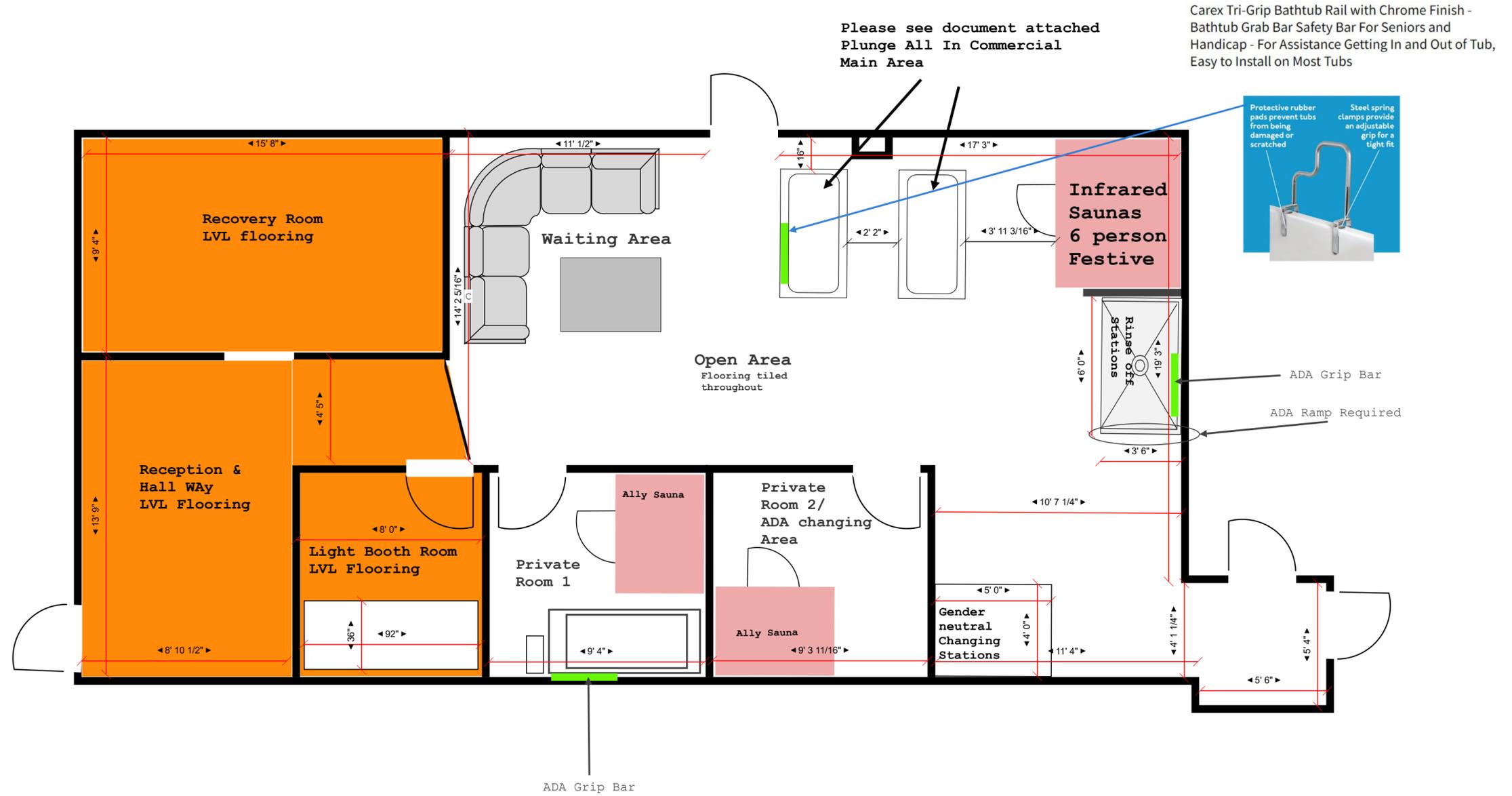




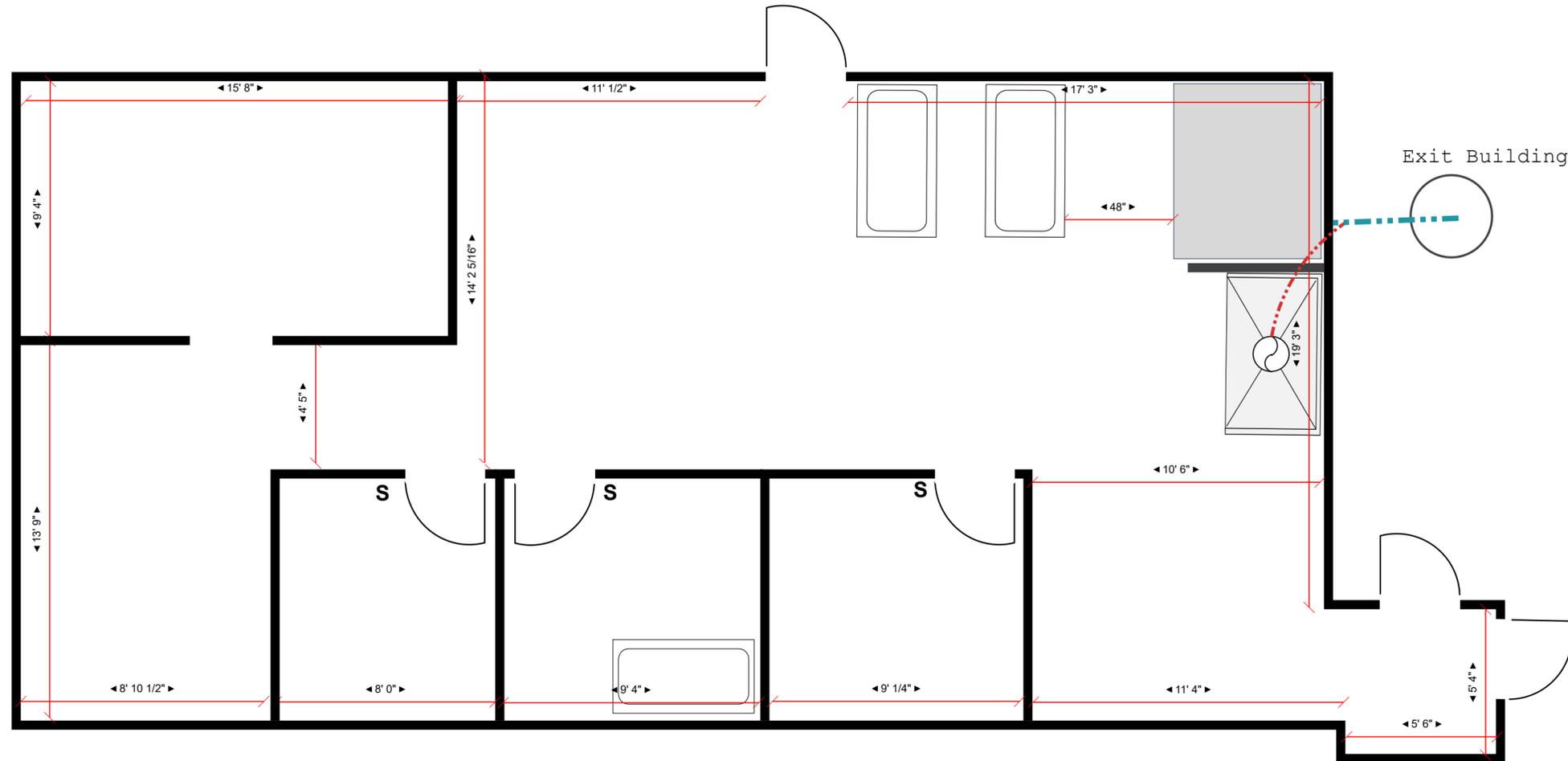
Floor Plan



Site:	405 Anglers Drive, Steamboat	Drawing:	Rev 101	Project:	Rev 101	Drawn:	R Goncalves	Notes:		Urban Remodz 3550 S Downing St 303 801 0070
Title:	Revolve	Scale:	1/4":1'0"	Date:	07/01/2024	Rev:				



Mechanical

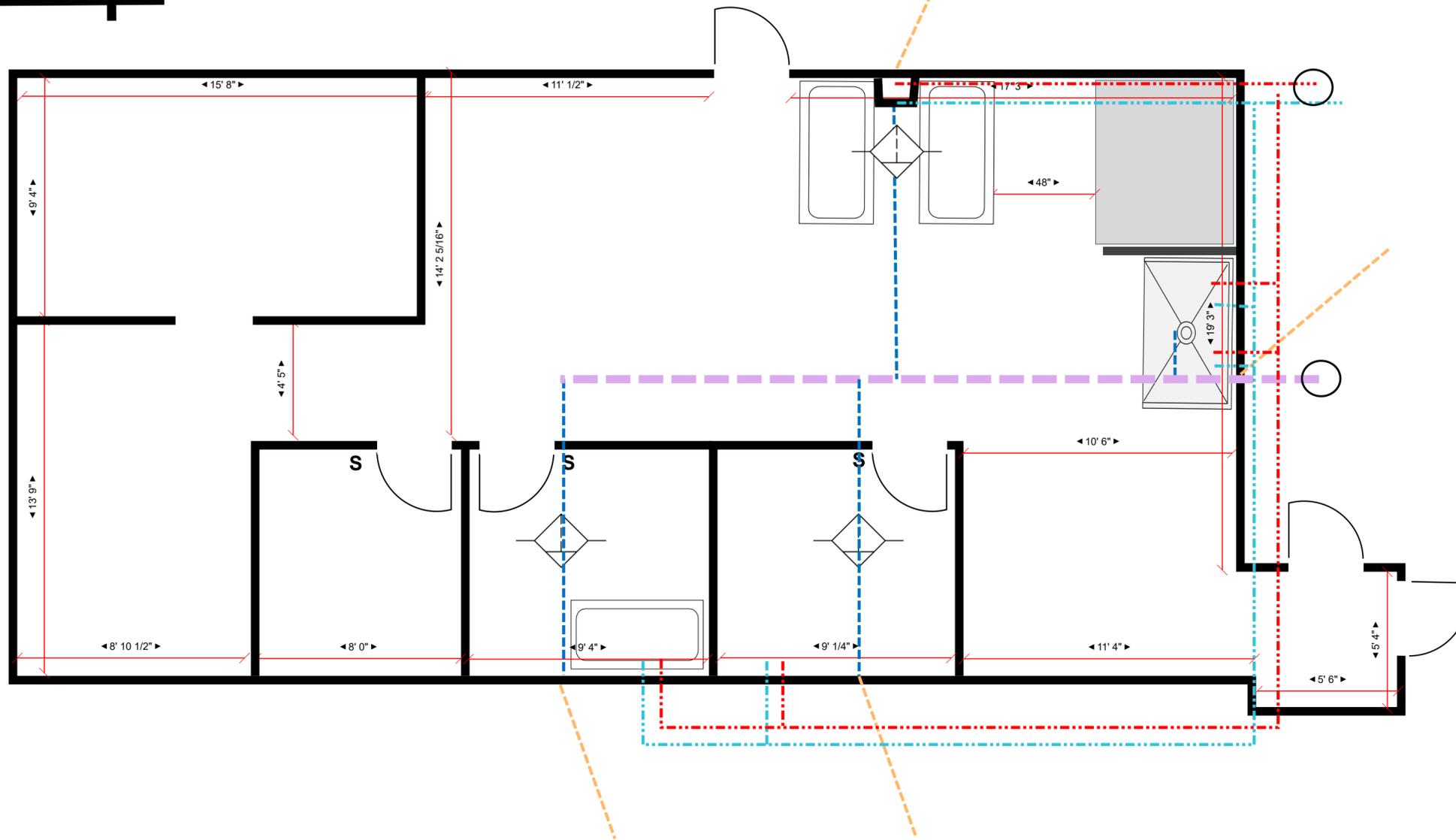


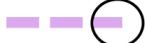
Evacuation Fan

----- 4" pipe

Site: 405 Anglers Drive Unit D, Steamboat Springs	Drawing: Rev-103	Project: REV-103	Drawn: R Goncalves	Notes:	Urban Remodz 3550 S Downing St Englewood, CO, 80113 303 801 0070
Title: Revolve	Scale: 1/4":1'0"	Date: 07/01/2024	Rev:		

Plumbing & DWV



-  Floor Drain 2" PVC P-Trap as per code
-  3" to 4" PVC Main Evacuation Piping, Start of DWV
-  2" Floor Drain PVC pipe 2" P-Trap as per Code by Drains
-  2" Venting to be added to existing Vent System centered vent in ceiling Area
-  Existing Water Line supply
-  Hot & Cold Water Supply

Reviewed for
Code Compliance

02/02/2024

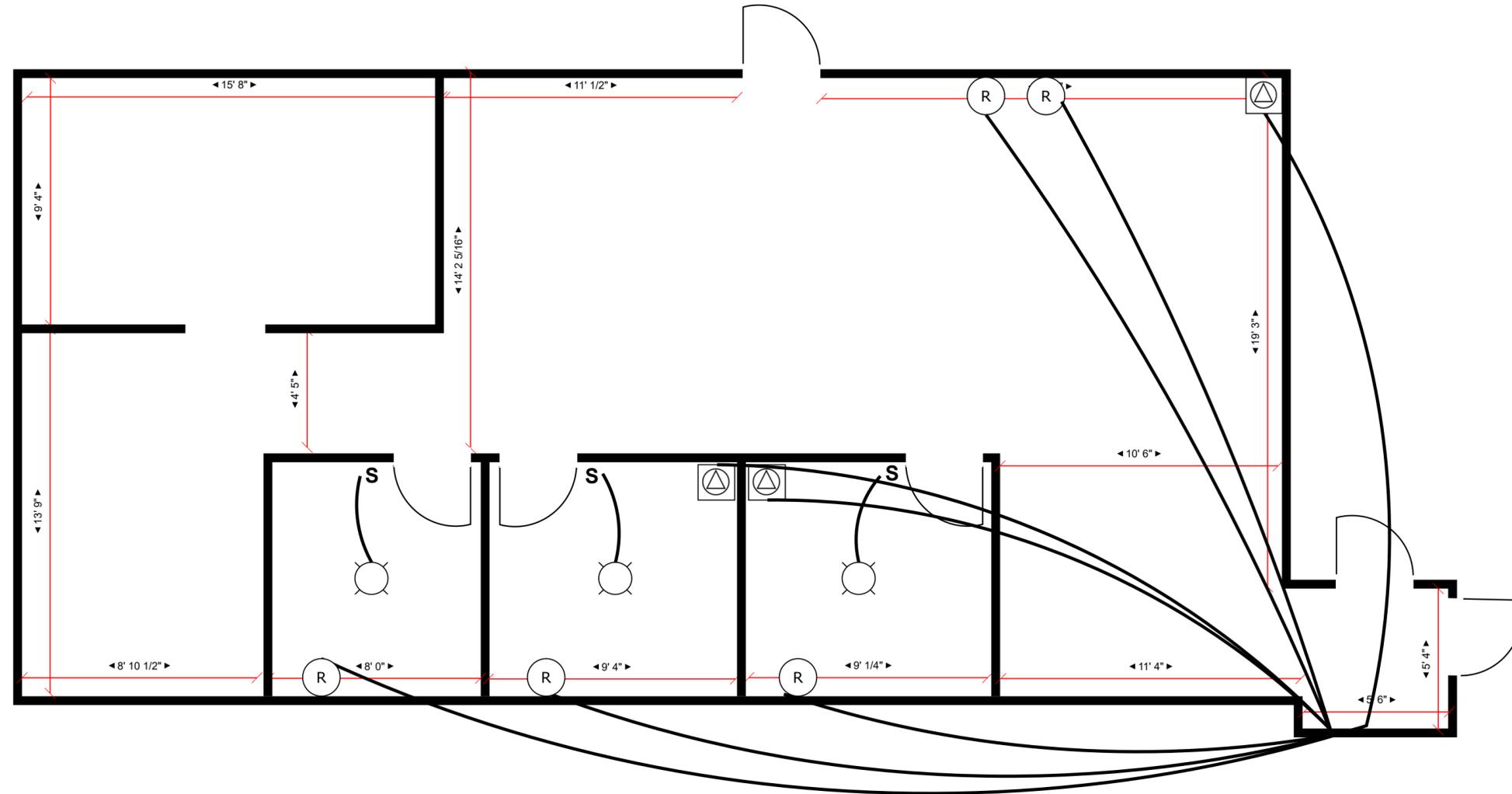
Site: 405 Anglers Drive Unit D, Steamboat Springs	Drawing: Rev-103	Project: REV-103	Drawn: R Goncalves	Notes:	Urban Remodz 3550 S Downing St Englewood, CO, 80113 303 801 0070
Title: Revolve	Scale: 1/4":1'0"	Date: 07/01/2024	Rev:		

Electrical Plan



Reviewed for
Code Compliance

02/02/2024



- △ SE 40 amp Equipment 8/3 wire Dedicated
- △ Therapy Room 1 & 2 [20 amp Equipment 12/2 wire Dedicated GFCI]
- R Therapy Room [15 amp Equipment 12/2 wire Dedicated GFCI]
- S Added light switch with existing electrical for specified room isolation

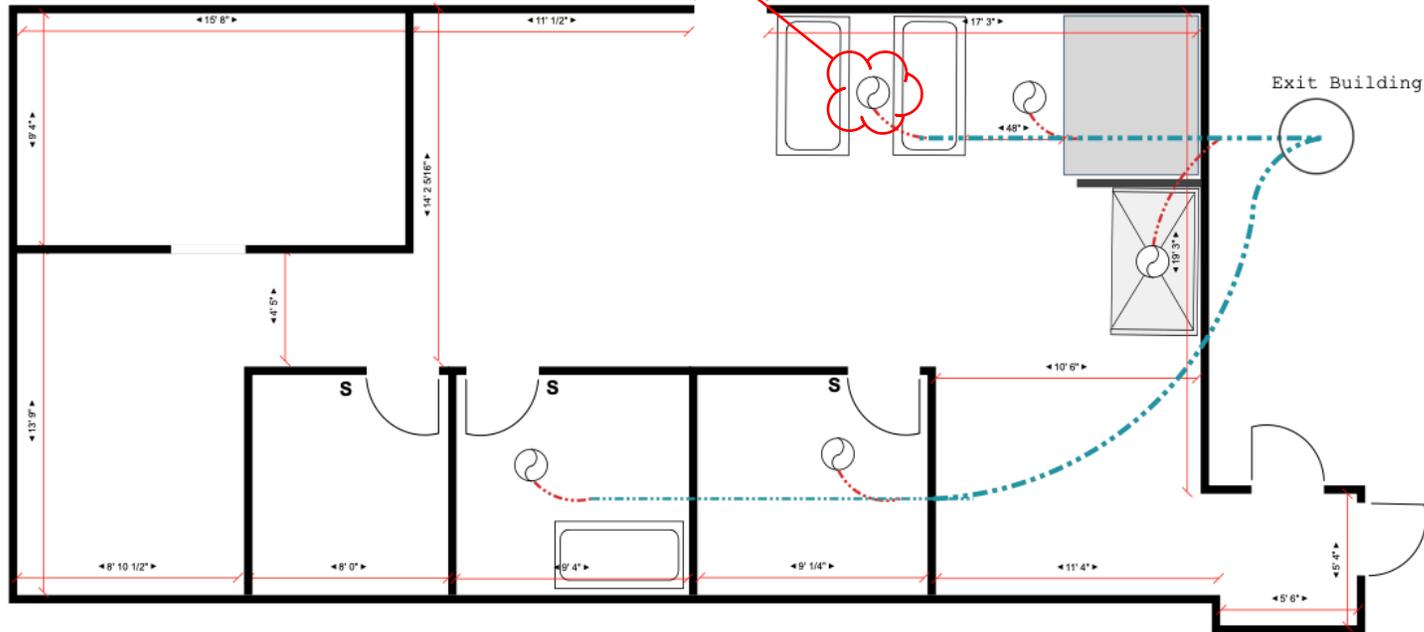
Site: 405 Anglers Drive - Unit D, Steamboat	Drawing: Rev 102	Project: Rev 102	Drawn: R Goncalves	Notes:	Urban Remodz 3550 S Downing St Englewood 303 801 0070
Title: Revolve	Scale: 1/4" : 1'0"	Date: 07/01/2024	Rev:		



Mechanical

RCRBD Comments:
We only need one exhaust fan in the main room, so you may remove one of the exhaust fans if desired below. All fans shall be 50 cfm minimum and only need to be turned on and operational when the saunas are in use, or when plunge tubs are operational and in use.

May remove this exhaust fan if desired.



 Evacuation Fan

 4" pipe

 6" pipe

Site:	405 Anglers Drive Unit D, Steamboat Springs	Drawing:	Rev-103	Project:	REV-103	Drawn:	R Goncalves	Notes:		Urban Remodz 3550 S Downing St Englewood, CO, 80113 303 801 0070
Title:	Revolve	Scale:	1/4"=1'0"	Date:	07/01/2024	Rev:				

All manufacture specifications provided are subject to full field inspections and verifications of code compliance in the field with the equipment and appliances and existing building conditions being code compliant.

Reviewed for Code Compliance

02/02/2024



Product Overview

Whole Body Photobiomodulation System

Prism Light Pod is the industry’s most-advanced, award-winning full body red light therapy system. We have been awarded the “Best & Most Powerful” red light bed by Lux Life Magazine for 2021 and 2020.

It’s the **most powerful** (at a maximum of 100 MW/CM²) 14,000 LEDs are administered closest to the body, (half-inch from the surface) for the deepest and most effective mitochondrial-level healing.

It’s the **most energy-efficient** (supports standard 110V electrical outlets with a dedicated 20-amp circuit breaker. No need to install 220V electrical package and saves thousands of dollars in ongoing energy costs compared to all other light beds requiring 220V & 30-40 amps.

It’s the **most optimized & automated** with six-use case settings for one-button, 100% unattended 15-minute timed-out sessions.



Prism Light Pod Confidential – Do Not Forward Without Written Authorization

The light pod is FDA registered and administers 14,000 630nm, 660nm red and 850nm near-infrared industrial-grade 100 MW/CM² LEDs. The LEDs are closest to the body, a half inch away from the surface, with the **deepest** light wave penetration when compared to all other light beds. Other light beds' LEDs are 3-5 ½ inches away from the surface on the bottom and 24 inches away from top, **losing 80%** of the mitochondrial healing benefits.

Prism Light Pod is the only fully automated system with six optimized use-case settings for 100% “Unattended” use, so you do not have to be an expert in photobiomodulation settings. It’s a one button operation system and automatically times out after a 15-minute session.



The Prism Light Pod LEDs are rated for a 10-year life or 100,000 hours MTBF (mean-Time-Between-Failure) and includes a five-year warranty on the frame and two-year on all electronic parts. Post warranty support is available including phone and on-site technical support if needed.

When you purchase a Prism Light Pod for commercial use, it comes with our in-house Pro-Partner Joint Marketing Program. We help you build a profitable light therapy business, which may generate more than \$100,000 in incremental income per year.

The joint marketing program includes your choice of a white color light pod, co-branding of the light pod with your company logo, light therapy session pack recommended pricing and solution bundling, marketing promotional tactics, signage, pop-up banner, website & social media content, PR, and training. The Pro Partner Joint Marketing program is a \$10,000 value at no additional cost to you.

For an additional fee, our Prism Light Pod team will travel to your location to join you for a 3-hour launch event. During this time we educate your community on the benefits of Prism Light Pod and drive sales of Prism Light Pod Monthly Membership packages.

Our preferred equipment financing partners may offer you 60-month, zero-down financing for approximately \$1500/month or some money down with shorter terms if you prefer depending on your commercial business credit history.

In total, you receive **more than \$100,000 of value** including an MSRP of \$79,995 for the Prism Light Pod at a first-in-your-market price of **\$69,995 plus shipping/onsite installation and sales tax**. That is 40% more value than our closest competitors for the **BEST Award-Winning and most-advanced light pod** in the natural wellness industry.

Product Highlights:

- The Prism Light Pod is safe, comfortable and non-invasive. It is non-fluorescent, non-UV Rays and doesn't use infrared heat-based LEDs
- It accelerates your body's natural recovery process by 4 to 10 times faster by penetrating muscles, tissues, nerves, body cells and mitochondrial wellness
Prism Light Pod uses cold laser, Class II technology that is FDA registered
- Simply lay in the light pod 2-4 times per week for 15-minute sessions to see healing results after a few sessions
- 7 feet of cold laser and near-infrared light waves surround your entire body, 360 degrees from head to toe.
- Prism Light Pod is also fully-automated with six optimized irradiance settings for the following use cases that satisfy 95% of patient uses cases:
 - **Sports Rehab and Recovery:** Accelerates healing of ligaments, tendons, muscles, stiffness & soreness.
 - **Reduces Chronic Pain:** Reduces inflammation, nerve damage and autoimmune conditions.
 - **Wounds and Injury Healing:** Accelerates healing of sprains, strains, open wounds and post-surgical procedures.
 - **Skin Conditions and Anti-Aging:** Reduces wrinkles, improves skin tone and conditions, including, but not limited to Psoriasis, Acne, Eczema and Dermatitis.
 - **Weight Loss:** Lose inches by shrinking unwanted fat cells and following the Prism Fresh-Start nutrition plan & fitness guidelines.
- Our competition requires you to become a photobiomodulation expert requiring you to set the irradiance (light wave frequency & intensity) for each customer use-case and determining the length of time required for their light sessions that may vary from 8 to 20 minutes with competitors' light beds.
- Each Prism Light Pod session is 15-minutes and automated. Our Software automatically optimizes the irradiance settings for each use case and times out the session automatically.

Prism Light Pod technical dimensions & usage guidelines:

- Dimensions: 92” long X 4 feet deep X 4 feet tall (when the top lid is open).
- Fits within an 8x10 or 9x10 feet size room with a locking door.
- LED irradiance is rated at 100 milliwatts per centimeter square, closest to the body making it the most powerful within the industry and closest to the body.
- Prism Light Pod industrial-grade red LEDs last 10 years or 100,000 MTBF hours.
- Prism Light Pod uses a mix of 630nm, 650nm red light and 850nm near-infrared wavelengths with efficient power distribution that outputs 17 amps at peak for maximum electrical efficiency and reliability.
- The light Pod plugs into a standard 110V electrical outlet (no re plumbing to 220V, which saves customers \$3,000-\$5,000 compared to competitive Light Pods).
- Supports 220V/240V for international electrical requirements. •
- Prism Light Pod uses software to optimize our six settings with WIFI upgradeable support capabilities.
- Prism Light Pod is rated to support up to a 400 lb. person.
- Includes the patient intake, waiver & consent form to understand the patient’s primary use-case and assess their results over time.
- Eye protection wear is optional, and a pair of goggles comes with the Light Pod. Wearing eye protection is recommended when using the light pod.
- The Prism Light Pod therapy is “unattended” (Does not require a doctor or technician to purchase, administer, nor be present for the therapy). Users simply select their primary use-case, press start and the Light Pod illuminates for a 15-minute session and the LEDs automatically shut off when time is up.
- Wipe down the Light Pod with disinfectant spray or Lysol/Clorox antiseptic wipes and it’s ready for the next appointment.
- User appointments should be booked at 20 minutes intervals (5 mins to change, 15 mins to lay in the Light Pod.)
- Cover-up any other part(s) of your body that you don’t want to receive the red light therapy, such as wearing a sports bra if you prefer not to lose fat cells there.

- **Contraindications:** Patients who are pregnant should not use the Prism Light Pod. Women who are breastfeeding may see a reduction in producing lactose. Patients with active cancer must consult their physician and bring a Doctor's permission note first before using the light pod. Always refer patients to their physician if they have any concerns.
- Always have patients sign the Waiver and Consent Form prior to the light pod treatment.
- Prism Light Pod is 100% designed and manufactured within the United States, headquartered in Denver, Colorado.
- The Prism Light Pod system includes a five-year warranty on the frame and a two-year all parts warranty on all electronic parts with phone support Monday - Saturday, from 8 am to 5 pm, Mountain Standard time. The light pod is designed for self-repair saving you repair costs. Our technicians will conduct troubleshooting FaceTime and Zoom calls to assist you with any repairs or replacement parts.
- We do sell post-warranty onsite repair services at \$180/hour of labor, travel, time and materials if needed.

Join the fast-growing photobiomodulation natural-healing movement to benefit you and your customers. Generate \$100,000 or more in profits per year with our 100% unattended whole-body cold laser light pod.

Call us to learn more about Prism Light Pod and our Pro-Partner Joint Marketing program, a \$10,000 value at no additional cost for you to be profitable at day-1 launch.

For more information, please contact us at: (720) 664-4929 or info@prismlightpod.com or www.prismlightpod.com

See our patient testimonials at www.prismlightpod.com/testimonials

Read our blogs at www.prismlightpod.com/blogs

Follow us on social media

Instagram: <https://www.instagram.com/prismlightpod/>

Facebook: <https://www.facebook.com/prismlightpod/>

LinkedIn: <https://bit.ly/2Kxo2CR>

Twitter: <https://twitter.com/prismlightpod>

Write your notes and questions below to schedule a follow up call with your Prism Light Pod account representative:

- B. The SIDE WALL PANELS are the same size. The LEFT SIDE WALL PANEL on Ally Model will have a vent at the top of the wall panel. The RIGHT SIDE WALL PANEL on models Compose and Festive will have a vent at the top of the wall panel. (see Figure 2)

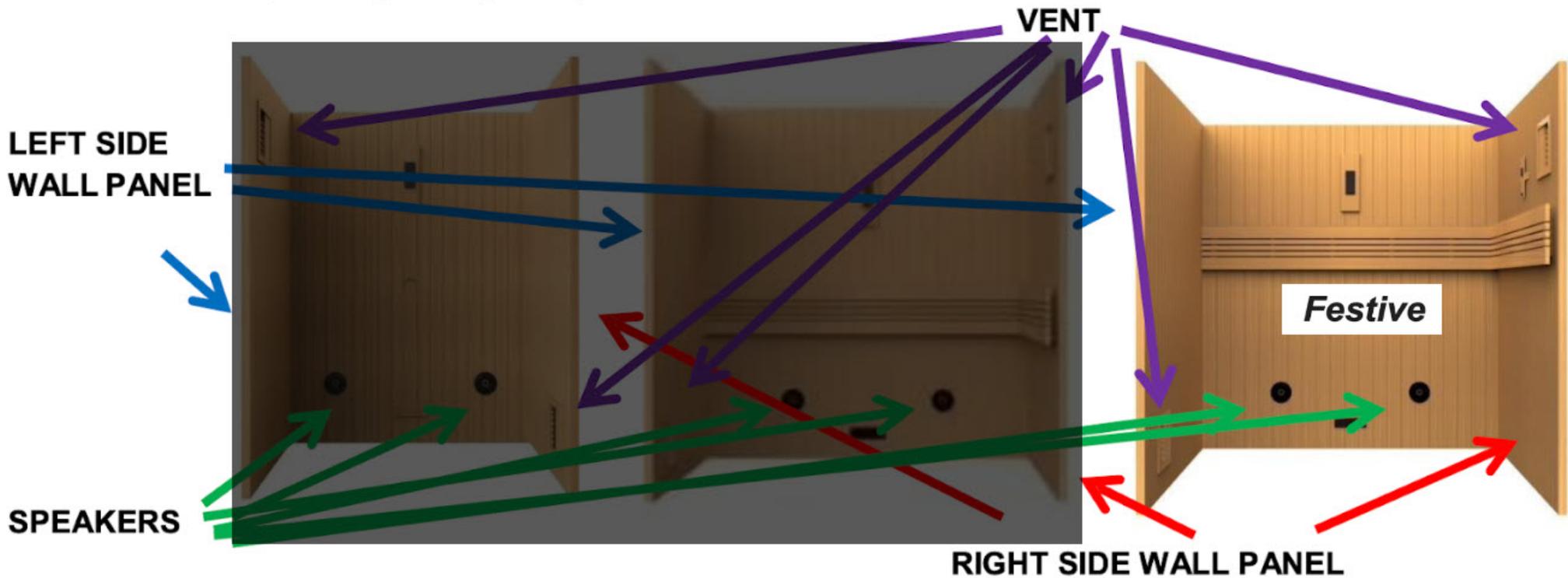
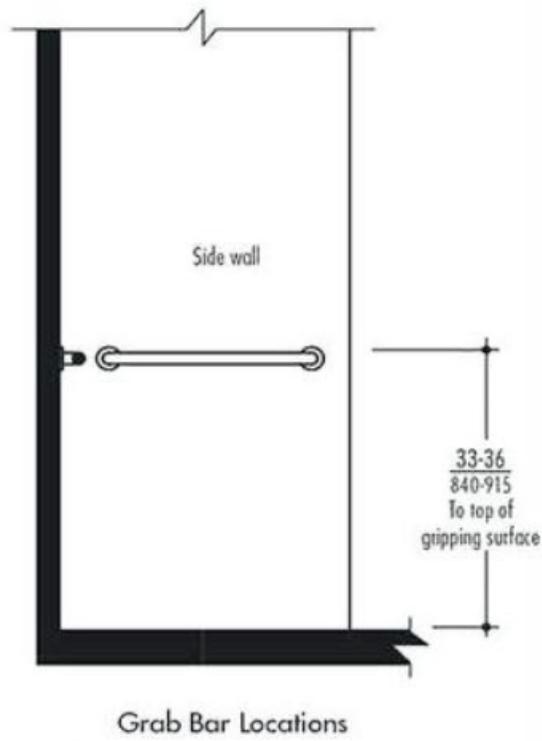


Figure 2



Reviewed for
Code Compliance

02/02/2024



Rocky Mountain ADA Compliance Discussion Summary

I spoke with Chris Murphy from Rocky Mountain ADA and we collaboratively addressed key considerations and devised a plan, outlined as follows:

1. **ADA Access to Saunas and Cold Plunges:**

- a. Chris concurs that utilizing private rooms suffices for ADA compliance. We intend to install a handrail by the cold plunge and introduce a removable bench to facilitate access in and out of the plunge. This is subject to the client having assistance, being self-sufficient, or having a staff member comfortable with assisting.
- b. Although our purchased saunas have doors measuring 28" wide, Section 404 recommends a 32" wide door for ADA compliance. Given the impracticality of returning or reselling these saunas and the lack of an ADA option during purchase, we recognize this as an unremovable barrier (Section 36.304). To address this, Chris suggests procuring a 24" wheelchair online (\$125) for on-site assistance with access to our private infrared saunas.
- c. We jointly believe these modifications align with ADA regulations.

2. **Rinse-Off Station:**

- a. The argument arises that a rinsing shower, not provided for bathing purposes in a bathing room, might not be subject to ADA standards. Showers are mandated to be accessible according to the 2010 ADA Standards in a bathing facility. However, these standards do not specify that a shower not located in a bathing facility be required to adhere to the requirements found in Chapter 6. The outdoor rinsing shower requirements found in the ABA Standards, the physical access Standard the Federal Government is held to, is an alternative best-practice to provide access for people with disabilities where the scoping from the 2010 ADA Standards is not specific.
- b. Section 1011.7 states that no handrail is required, and the use of a removable bench is deemed acceptable.

Given space constraints, occupancy limitations, and financial considerations, Chris emphasizes the need to comply fully with applicable accessibility standards "to the maximum extent feasible." We assert that, to the best of our ability, we have achieved ADA compliance and devised alternative solutions where barrier removal was unattainable. As the business progresses, we aspire to invest in or construct a larger sauna that aligns better with ADA recommendations in the future.

Features

37F Controlled temp down to 37F

0% 0% financing options available



Quiet operation with variable speed

20 Micron Powerful circular filtration system with ozone injection and 20-micron filter



Power Requirements (Circuit) for Cold and Hot & Cold: 15A 120V



Can maintain 37F at 120F ambient temperature



Protective insulated spa cover



Maximum flow rating for the pump is 35GPM



238lbs when empty



105 Gallons water capacity



1 HP Chiller



Wi-Fi and bluetooth enabled

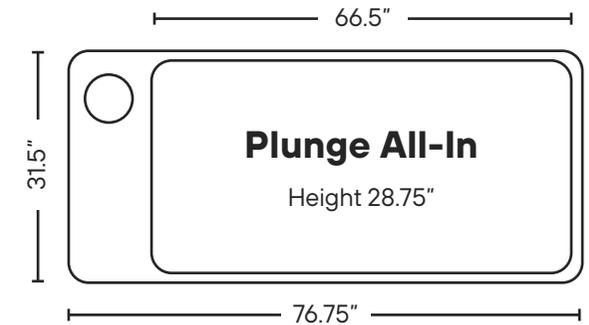


Made for indoor or outdoor use



1 kW Heater

Dimensions



Maintenance

All the information for how to care for your Plunge can be found via our website.



Warranty

All Plunge models are protected by a free 1-year standard warranty. We also offer 3 and 5 year extended warranties for purchase on our site through Plunge Protect. All three warranties cover all parts. If anything needs to be replaced we will ship it to you at no cost.

3-year protection \$338.99

5-year protection \$676.99

Delivery

We include delivery with debris removal for the lower 48! They'll text and email you to schedule the best time for delivery.

We offer international shipping to specific destinations, including AUS, UAE, PR, and US territories. The shipping costs will be automatically calculated during the checkout process.

*Please note: White glove delivery is not included.

Easy setup

Setting up the Plunge is a breeze. The delivery crew will move the plunge to your desired location, and remove all debris.

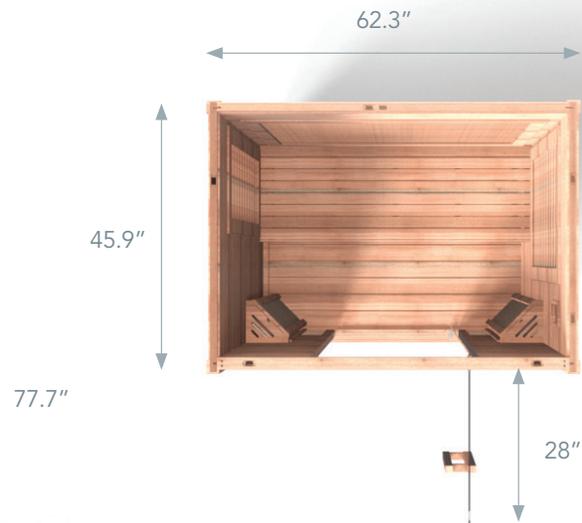
From here, you have about 20-30 minutes of set up. You can find out more information via our help center.

Requires dedicated 15A, 120V outlet



Reviewed for
Code Compliance

02/02/2024



FEATURES

- 5 Sunlighten patented SoloCarbon infrared light therapy heaters
- 2 full spectrum high intensity heaters
- Ultra low EMF and environmentally safe
- Chromotherapy: healing with lights and colors
- Patented magnetic locking system makes assembly a snap
- Beautiful craftsmanship and solid wood construction
- Deep benches and a taller height for ultimate relaxation
- Acoustic Resonance Therapy, a must-have add-on

PANELS

Roof panel: 62.4" W x 45.9" D x 3" T
Floor panel: 61.8" W x 45.3" D x 2.6" T
Front wall: 57.3" W x 71" D x 2" T
Back wall: 57.3" W x 71" D x 1.8" T
Right wall: 44.7" W x 71" D x 2.2" T
Left wall: 44.7" W x 71" D x 2.2" T
Glass door: 28" W x 68.1" D x .3" T
Side glass: 10.4" W x 69.3" D x .3" T
Bench: 56.7" W x 20.3" D x 4.9" T

ASSEMBLED

Exterior: 62.3" W x 45.9" D x 77.7" H*
 *2" feet included
Interior: 56.8" W x 39.9" D x 70.3" H
Bench: 56.6" W x 20.2" D x 19.5" H
Heaters: 5 IR, 2 FS
 *Amplify models do not have a floor heater.

Available in:



Basswood



Eucalyptus

ELECTRICAL

Electrical: 120V 2020W 16.83A
Dedicated 120V 20A circuit required
 10' cord exits from back left of roof (when facing sauna)

Outlet specifications:

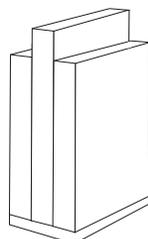


NEMA 5-20
USA/CAN



FITTING IN YOUR SPACE

Because of the large panel size, it is important to ensure there is enough space through the doors and pathways to the sauna's location in your home. Please measure any doorway or hallway needed prior to purchase.



CARTONS

Floor/Roof/Hardware/Bench:
 14" W x 51" D x 67" H
Front/Back Wall:
 8" W x 61" D x 75" H
Left/Right Wall:
 8" W x 49" D x 75" H



sunlighten.com

**FOR STEAM MODEL SAUNAS
REQUIRES 240VAC /1PHASE
(30/40AMP, depending on your electrical code)
DEDICATED CIRCUIT FOR THE STOVE
REQUIRES 120VAC 15 AMP CIRCUIT FOR THE SAUNA**



**Ally, Compose, Festive
2, 3 and 6 Person Steam Saunas**

OWNER'S MANUAL

The stove must be installed by a certified electrician per the manufacturer's manual.

The stove must be installed per the electrical code in your area with reference to the breaker and wire sizes.

Model and parts are subject to change.

WARNING! Do not place anything combustible close to heater, above the heater, and on both sides of the heater. This includes but not limited to towels, lights, robe hooks, accessories, etc. Nothing should be on the same wall as your heater that is combustible.

Thank you for the purchase of your new Steam Sauna! **FOLLOW ALL INSTRUCTIONS AND BE CAUTIOUS OF SAFETY SYMBOLS.** All electrical wiring must be performed by a qualified licensed electrician.



High Voltage Symbol: Be cautious as there is the presence of a high voltage current that flows through the equipment!



General Caution Symbol: Be cautious as the equipment uses electrical current that can cause serious injury.

ATTENTION

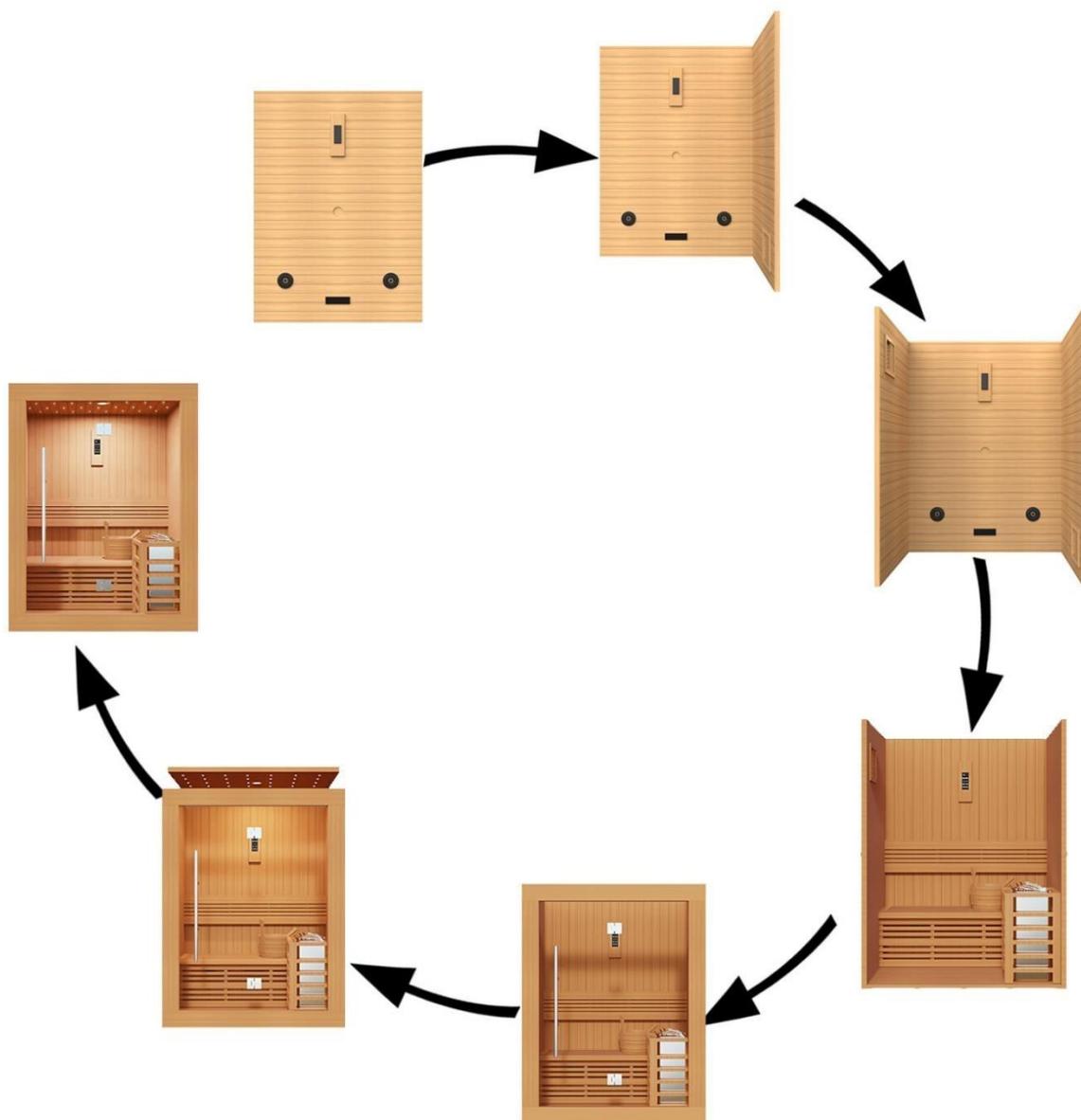
⚠ WARNING

1. Please read this Operating Instruction Manual thoroughly before use. This will allow the user to become familiar with the operation of the control system. Please keep the Operating Instruction Manual available for future reference. If any technical assistance or repairing is needed, please contact the manufacturer.
2. The steam sauna must be installed indoors or can be installed outdoors within the protection of a structure that includes a water-proof roof protecting it from the outdoor weather elements. The sauna must be installed on water tolerable surfaces such as concrete or tile. When not in use and placed outdoors, a water proof cover **must** be used to cover the sauna room.
3. To reduce the risk of electric shock and/or fire, do not expose the control system to direct water contact or rain. Do not open the cover to the control system as there are high tension fittings that can be dangerous. Only dealer authorized qualified technicians should make any needed or necessary repairs at any time.
4. Any repairs, alterations, or modifications to the control system are not authorized unless by an approved repair technician. Any non-authorized repairs, alterations, or modifications can lead to serious injuries and can cause the unit to work outside its intended specifications parameters.
5. Any non-authorized repairs, alterations, or modifications will void the warranty.
6. Before connecting the unit to a power source, please make sure that all wires, cords, and connections are connected properly.
7. Make sure that the control system is in a well-ventilated and dry area. Do not place it next to any heat source, in direct sunlight, where there is any type of vibration, or in any damp or dusty environment. It should not be place in an area with other thermal-radiating objects.
8. When the equipment is not going to be used for an extended period of time, unplug the unit from the power source.
9. Allow 30 seconds between turning the control system "On" and "Off". By allowing 30 seconds between powering the control system "On" and "Off" will prolong the life of the unit.
10. Confirm that you adhere to the correct power requirements of the control system. Connecting the control system to other than the required voltage can damage the control system and possibly cause serious injury. It is very important that the load parameters are consistent with that needed by the control system.
11. Canadian Red Cedar and its rich aroma can cause an extremely small percentage of the population to have an adverse reaction known as Multiple Chemical Sensitivity (MCS). While this is not an universally recognized disorder in the medical field, certain consumers have an adverse physical reaction to low levels of many common chemicals and cannot tolerate any aromatic oils, shampoos with perfumes infused or certain herbs with natural aromas. However, for the majority of the population, Canadian Red Cedar is the sauna wood of choice.

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Ally

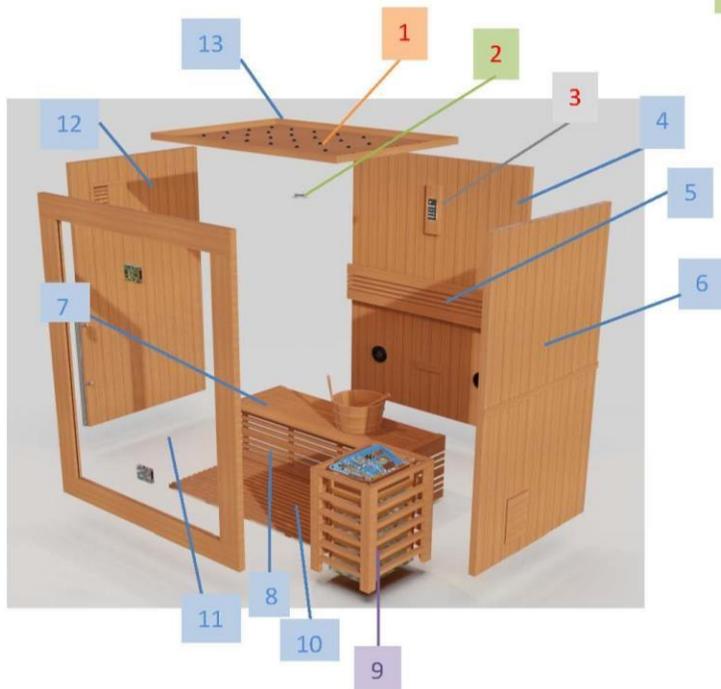


***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

Schematics



GDI-7289-01



Ser	Name
1	Sky lights
2	LED reading light
3	Control panel
4	Rear wall panel
5	Backrest
6	Right side wall panel
7	Bench
8	Bench support panel
9	Stove
10	Floor panel
11	Front wall panel
12	Left side wall panel
13	Roof panel

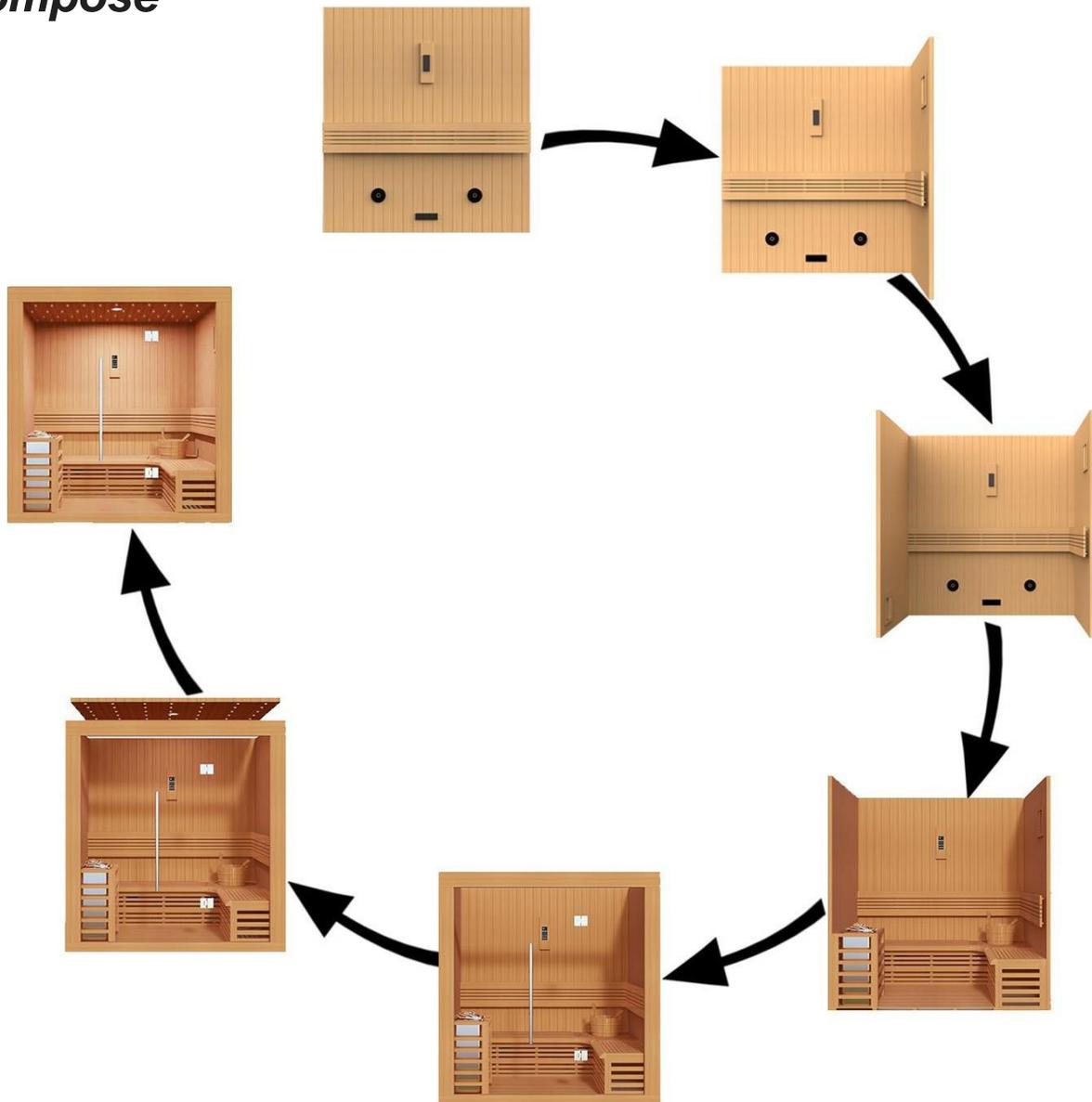
MODELS: GDI-7289-01		
LOCATION	SPECS	USAGE
ROOF PANEL	5x40mm(wood screw-gold color)	10
FRONT WALL PANEL	5x50mm(wood screw-gold color)	8
REAR WALL PANEL	6x75mm(machine screw-silver color)	8
STOVE FRAME	5x40mm(wood screw-gold color)	12
BACKREST	3.5x35mm(wood screw-gold color)	3
BENCH HEATER PANEL,BENCH SUPPORT	5x50mm(wood screw-gold color)	4
BENCH	5x50mm(wood screw-gold color)	2

***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Compose



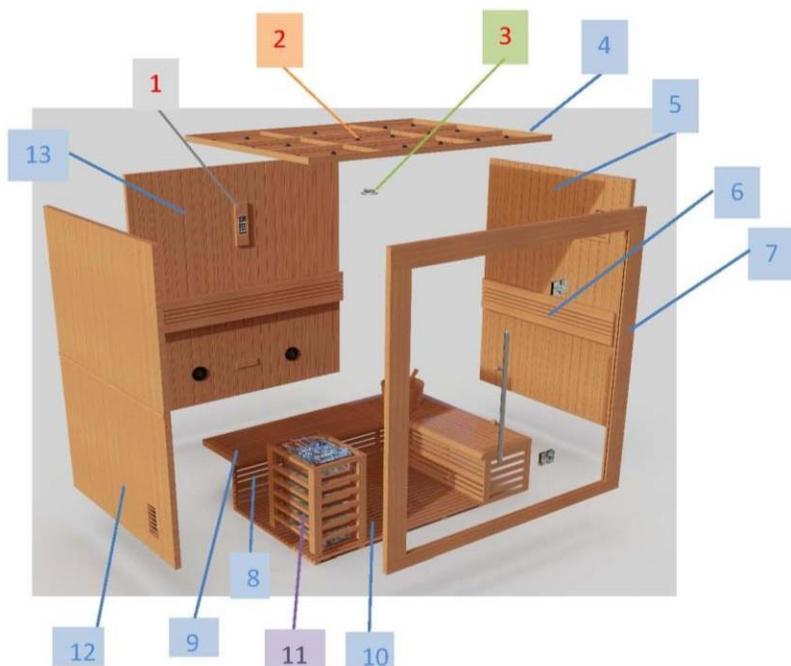
***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

Compose

Schematics



GDI-7389-01



Ser	Name
1	Control panel
2	Sky lights
3	LED reading light
4	Roof panel
5	Right side wall panel
6	Backrest
7	Front wall panel
8	Bench support panel
9	Bench
10	Floor panel
11	Stove
12	Left side wall panel
13	Rear wall panel

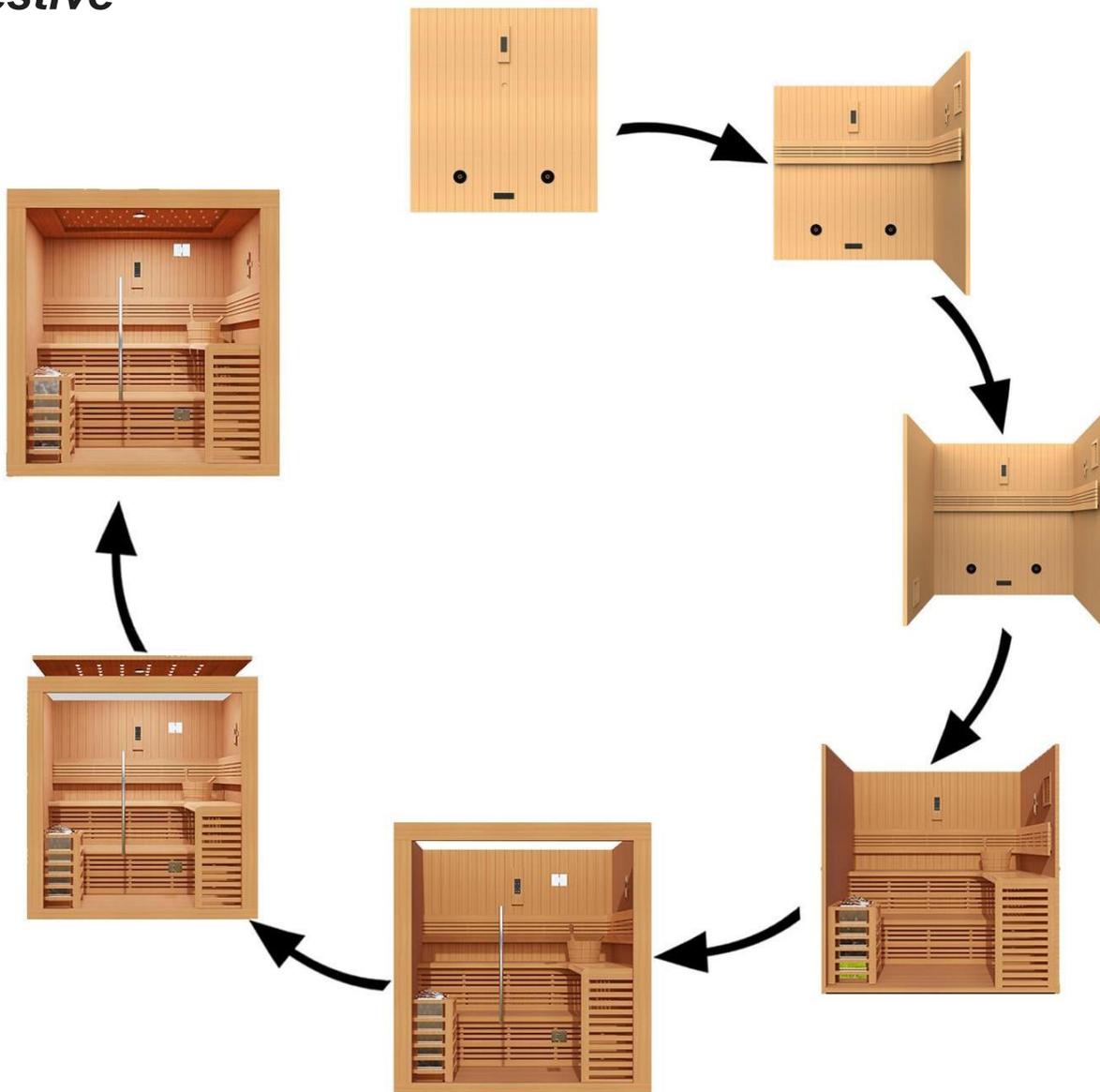
MODELS: GDI-7389-01		
LOCATION	SPECS	USAGE
ROOF PANEL	5x40mm(wood screw-gold color)	12
FRONT WALL PANEL	5x50mm(wood screw-gold color)	8
REAR WALL PANEL	6x75mm(machine screw-silver color)	8
STOVE FRAME	5x40mm(wood screw-gold color)	12
BACKREST	3.5x35mm(wood screw-gold color)	6
BENCH HEATER PANEL,BENCH SUPPORT	5x50mm(wood screw-gold color)	8
BENCH	5x50mm(wood screw-gold color)	4

***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Festive



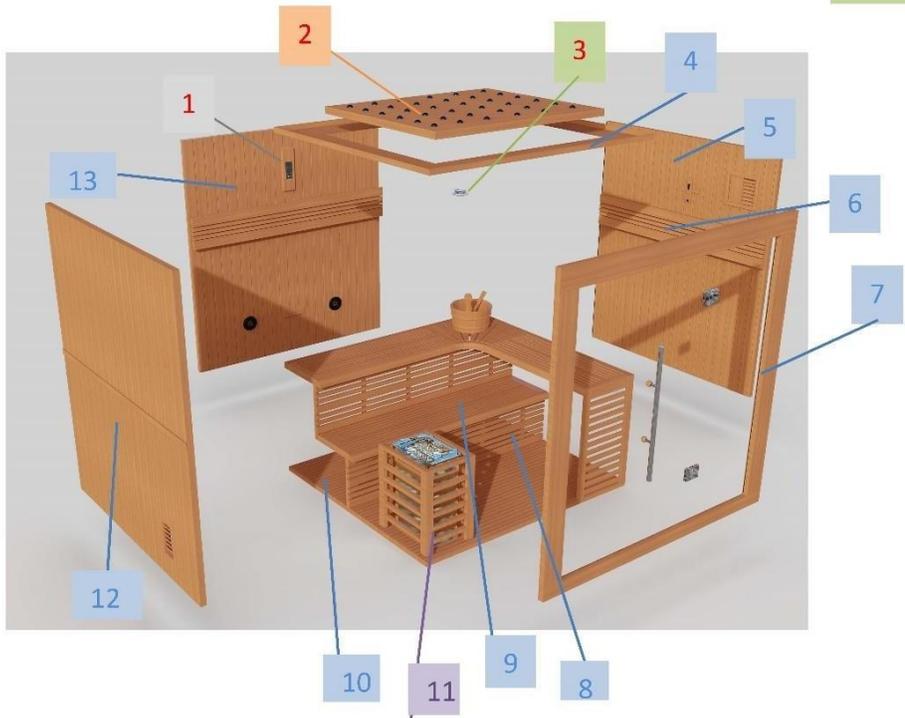
***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

Festive

Schematics



GDI-7689-01



Ser	Name
1	Control panel
2	Sky lights
3	LED reading light
4	Roof panel
5	Right side wall panel
6	Backrest
7	Front wall panel
8	Bench support panel
9	Bench
10	Floor panel
11	Stove
12	Left side wall panel
13	Rear wall panel

MODELS: GDI-7689-01

LOCATION	SPECS	USAGE
ROOF PANEL	5x40mm(wood screw-gold color)	12
FRONT WALL PANEL	5x50mm(wood screw-gold color)	8
REAR WALL PANEL	6x75mm(machine screw-silver color)	8
STOVE FRAME	5x40mm(wood screw-gold color)	12
BACKREST	3.5x35mm(wood screw-gold color)	6
BENCH HEATER PANEL,BENCH SUPPORT	5x50mm(wood screw-gold color)	11
BENCH	5x50mm(wood screw-gold color)	6

***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

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WARNING: Visually inspect all parts before assembly to make sure they are not damaged. Any excessive vibrations during transport could cause damage to the sauna components. **DO NOT START** the sauna if damage is detected! Contact your dealer or manufacturer for troubleshooting and replacement parts.

PLEASE NOTE: The pictures and diagrams shown within this owner's manual are representations of this model. Actual model may vary. Design and construction are subject to change. The sauna cannot be placed directly in the weather elements. It is highly recommended to keep the weather elements from reaching the sauna by placing the sauna under a covered patio or structure with a roof to fully protect the sauna.

1. Product Introduction

The steam sauna room is composed of a wood cabin. The wood cabin includes a FRONT WALL PANEL with GLASS, REAR WALL PANEL, LEFT SIDE WALL PANEL, RIGHT SIDE WALL PANEL, ROOF, and BENCHE(S). Other smaller wood items will also be included and can be identified in the schematics on pages 4, 6, and 8.

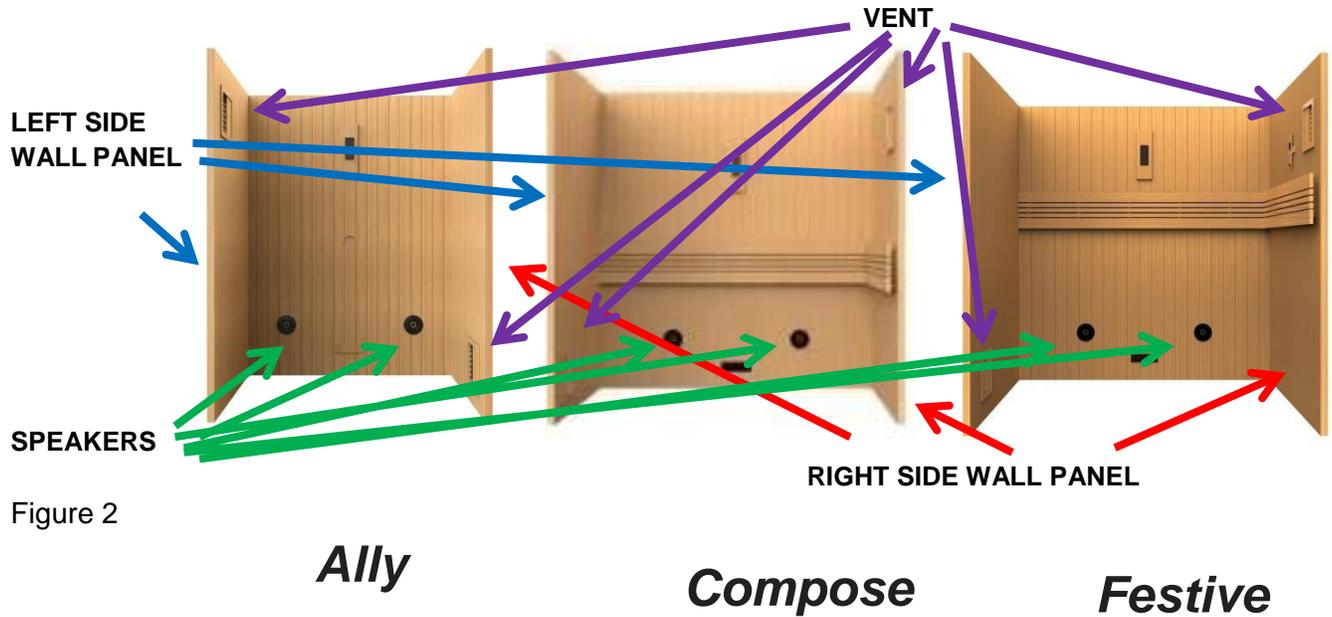
2. Parts Description

- A. The REAR WALL PANEL can be seen in the image below. It will have speakers towards the bottom of the interior side of the wall panel. It will have some cord connections at the top center. (see Figure 1)



Figure 1

B. The SIDE WALL PANELS are the same size. The LEFT SIDE WALL PANEL on Ally Model will have a vent at the top of the wall panel. The RIGHT SIDE WALL PANEL on models Compose and Festive will have a vent at the top of the wall panel. (see Figure 2)



C. The FRONT WALL PANEL can be seen in the images below. The FRONT WALL PANEL will have one stationary glass panel on Ally Sauna and two stationary glass panels on Compose & Festive already in place and the glass door will be pre-installed. (see Figure 3)



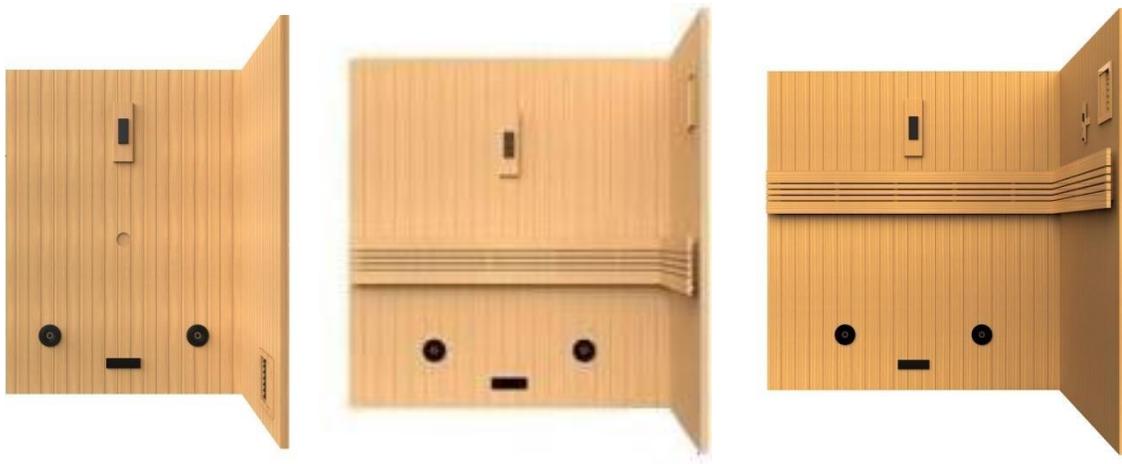
Assembly Instructions

A. Choose a good location to install the sauna

1. The location must be dry, leveled, and away from any source of water.
2. The stove must be installed by a certified electrician.
3. Two adults are required for installation on Ally model and three adults for installation on models Compose/Festive.
4. Wood cabin installation order: REAR WALL PANEL ► RIGHT SIDE WALL PANEL ► LEFT SIDE WALL PANEL ► FLOOR PANEL ► FRONT WALL PANEL ► SECOND LAYER BENCH SUPPORT PANEL ► FIRST LAYER BENCH SUPPORT PANEL ► SECOND LAYER BENCH ► FIRST LAYER BENCH ► BACKREST ON REAR WALL PANEL ► BACKREST ON RIGHT SIDE WALL PANEL ► FAN SHAPED BENCH ► RIGHT SIDE BENCH SUPPORT PANEL ► RIGHT SIDE BENCH REINFORCEMENT ► RIGHT SIDE BENCH ► ROOF PANEL
5. Tools Required: Battery Operated Screwdriver or Hand-Held Philips Screwdriver, Rubber Mallet, Claw Hammer, Leveler, and Ladder.

B. Installing the REAR WALL PANEL and RIGHT SIDE WALL PANEL

1. Place the REAR WALL PANEL upright. Next, stand the RIGHT SIDE WALL PANEL upright and up against the REAR WALL PANEL. Locate the screw holes on the exterior side and screw the two wall panels together using the provided screws. (see Figure 4 & 5)



Ally

Compose

Festive



Figure 5

C. Installing the LEFT SIDE WALL PANEL to the REAR WALL PANEL

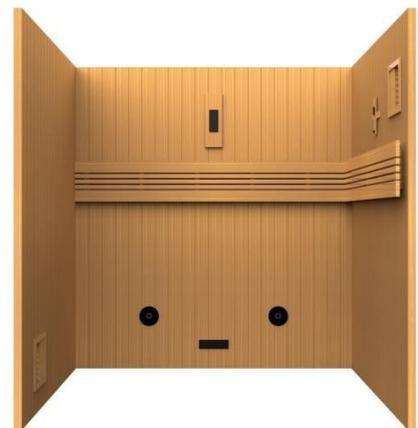
1. Place the LEFT SIDE WALL PANEL up against the REAR WALL PANEL and follow the same instructions used to mount the RIGHT SIDE WALL PANEL to the REAR WALL PANEL. Make sure to use the correct size wood screws when screwing the wall panels together. (see Figure 6 & 7)



Ally



Compose



Festive

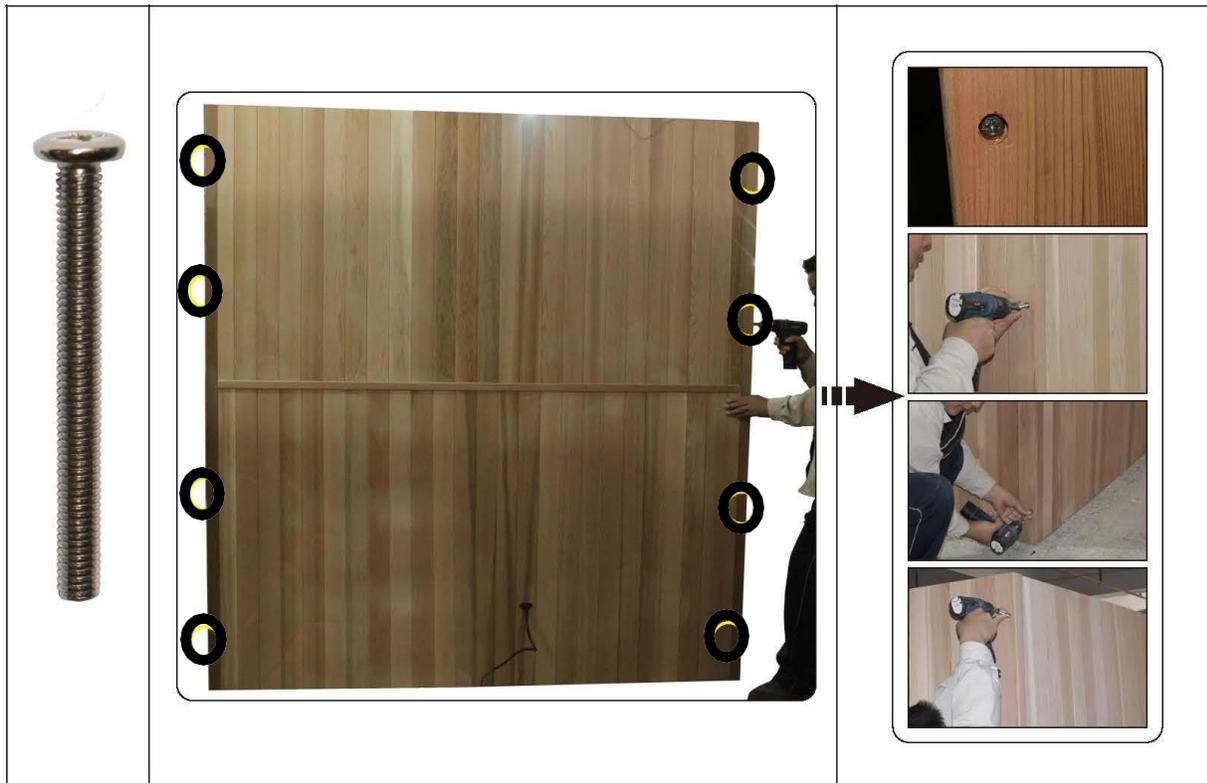


Figure 7

D. Installing the FLOOR WOOD GRADE and FRONT WALL PANEL to the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL

1. First, place the FLOOR PANEL on the inside of the sauna room and on your floor (concrete floor is preferred). Two/three adults will be needed to install the front wall panel. Be cautious when installing the FRONT WALL PANEL with the stationary glass panels and glass door. Stand the FRONT WALL PANEL up against the side wall panels and use the provided wood screws to attach the FRONT WALL PANEL. (see Figure 8)



Figure 8

E. Installing the SECOND LAYER BENCH SUPPORT PANEL, FIRST LAYER BENCH SUPPORT PANEL, and FLOOR PANEL

1. Hold the SECOND LAYER BENCH SUPPORT PANEL vertically in place and install it as seen in Figure 9 below. The SECOND LAYER BENCH SUPPORT PANEL is only on Festive model.
2. Next, hold the FIRST LAYER BENCH SUPPORT PANEL vertically in place and Install it as seen in Figure 9 below. Also, place FLOOR PANEL in position as well. Use the provided screws to secure the BENCH SUPPORT PANELS into place. (see Figure 10)



Figure 9



For Model Festive
Festive

Figure 10



For Model Ally
Ally

F. Installing the SECOND LAYER BENCH and FIRST LAYER BENCH

1. Slide into position the narrow wood slats that support the SECOND LAYER BENCH (upper bench for model Festive only). (see Figure 11)
2. Next, slide into position the SECOND LAYER BENCH (upper bench for models Festive). The screw locations are indicated with arrows for the upper and lower benches. (see Figure 12 & 12a)(**Please Note: ONLY INSTALL BENCH ALONG REAR WALL AT THIS TIME**)
3. Then slide into position the FIRST LAYER BENCH (lower). (see Figure 13 & 13a)



Figure 11

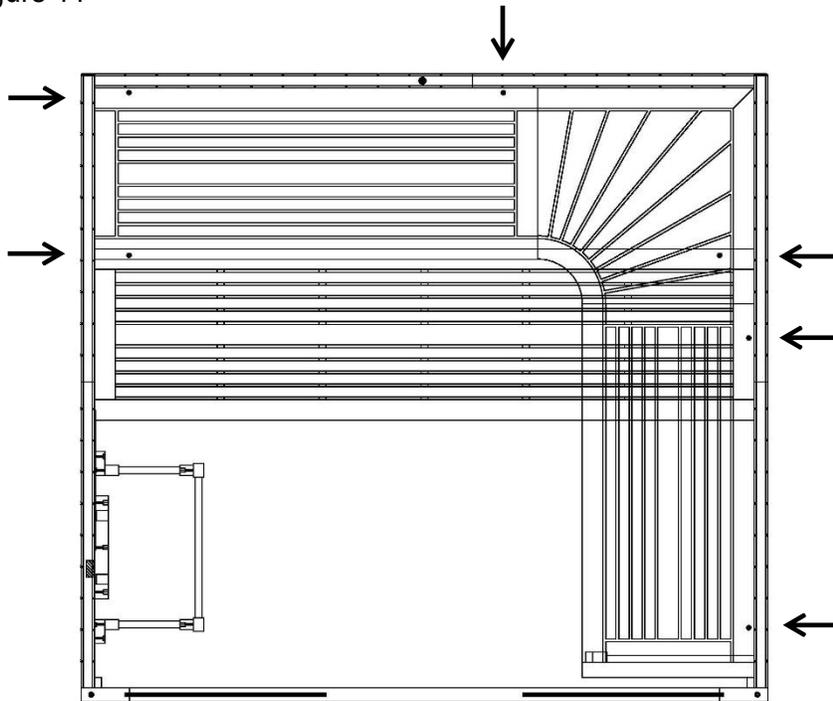


Figure 12

Festive



Figure 12a

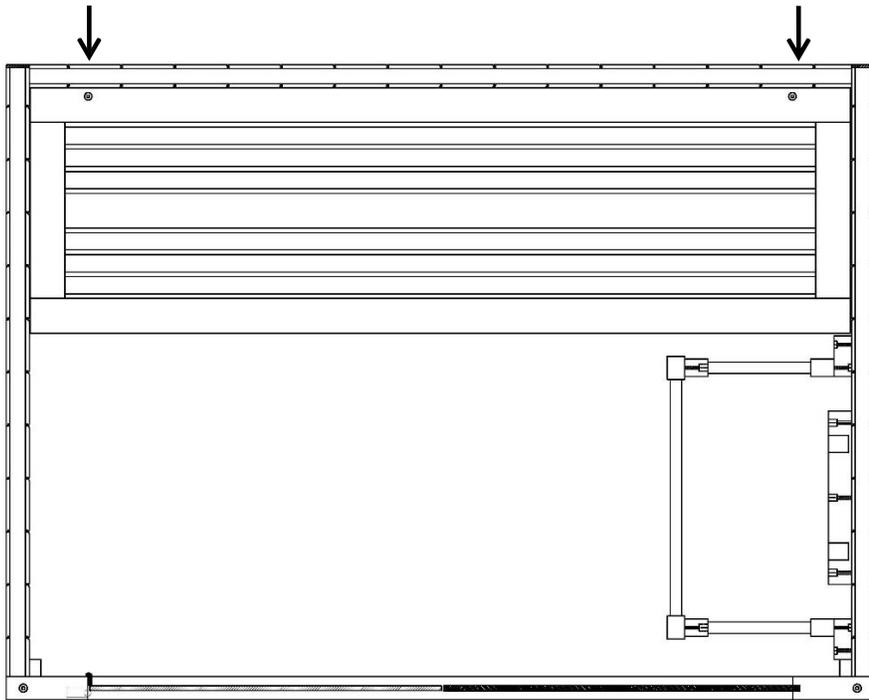


Figure 13

Ally



Figure 13a

G. Installing the BACKREST ON WALL PANELS

1. Now it is time to install the BACKREST ON REAR WALL PANEL. In addition, you will need to connect the wire connection from the REAR WALL PANEL to the wire connection on the BACKREST ON THE REAR WALL PANEL. After connected, tuck the wires behind the BACKREST. Use the provided screws to screw into place. (see Figure 14 & 15) Also, you will need to connect the wire connection from the RIGHT REAR CORNER to the wire connection on the BACKREST ON THE RIGHT SIDE WALL PANEL (for Compose & Festive). After connected, tuck the wires behind the BACKREST. Use the provided screws to screw into place. (see Figure 14, 15, & 16) **Please note that the FAN SHAPED BENCH has not yet been installed as seen in Figure 16. It will be installed in Section H, Part 2.)**



Rear Wall – Middle Light Connection



Rear Right – Corner Light Connection

Figure 14

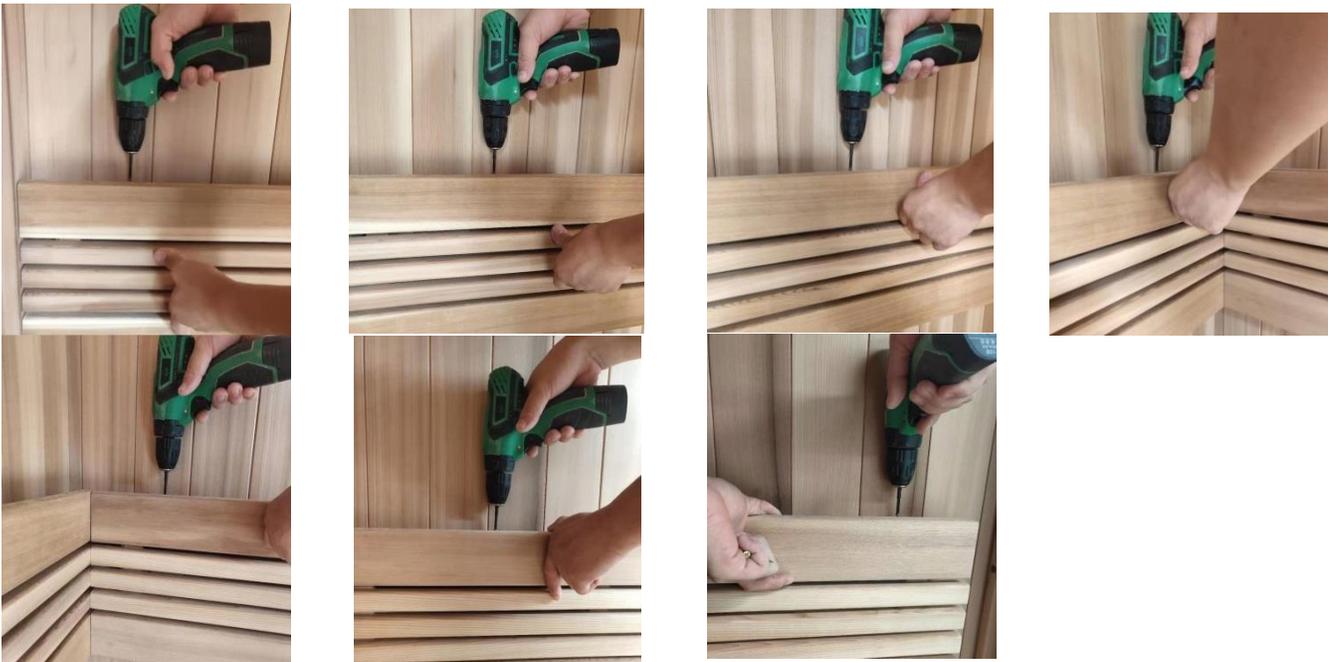


Figure 15



Figure 16

H. Installing the FAN SHAPED BENCH, RIGHT SIDE BENCH SUPPORT PANEL, RIGHT SIDE BENCH REINFORCEMENT, and RIGHT SIDE BENCH (only on models GDI-7389-01 and Festive)

1. You are ready to install the FAN SHAPED BENCH, RIGHT SIDE BENCH SUPPORT PANEL, and RIGHT SIDE BENCH REINFORCEMENT. Be sure to slide into position the narrow wood slats that support the RIGHT SIDE BENCH as seen in Figure 17. Use the provided screws to secure. (see Figure 18)

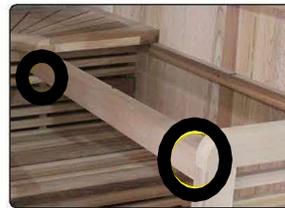


Figure 17



Figure 18

2. The RIGHT SIDE BENCH and FAN SHAPED BENCH are ready to be installed. (see Figure 19, 20, & 21)



Figure 19



Figure 20



Compose



Festive

I. Installing the ROOF PANEL

1. Place the ROOF PANEL over the wall panels carefully. (see Figure 22)
2. Next, carefully slide the ROOF PANEL into place.
3. Use the provided screws to secure the roof into place. (see Figure 23 & 24)



Ally



Compose



Festive

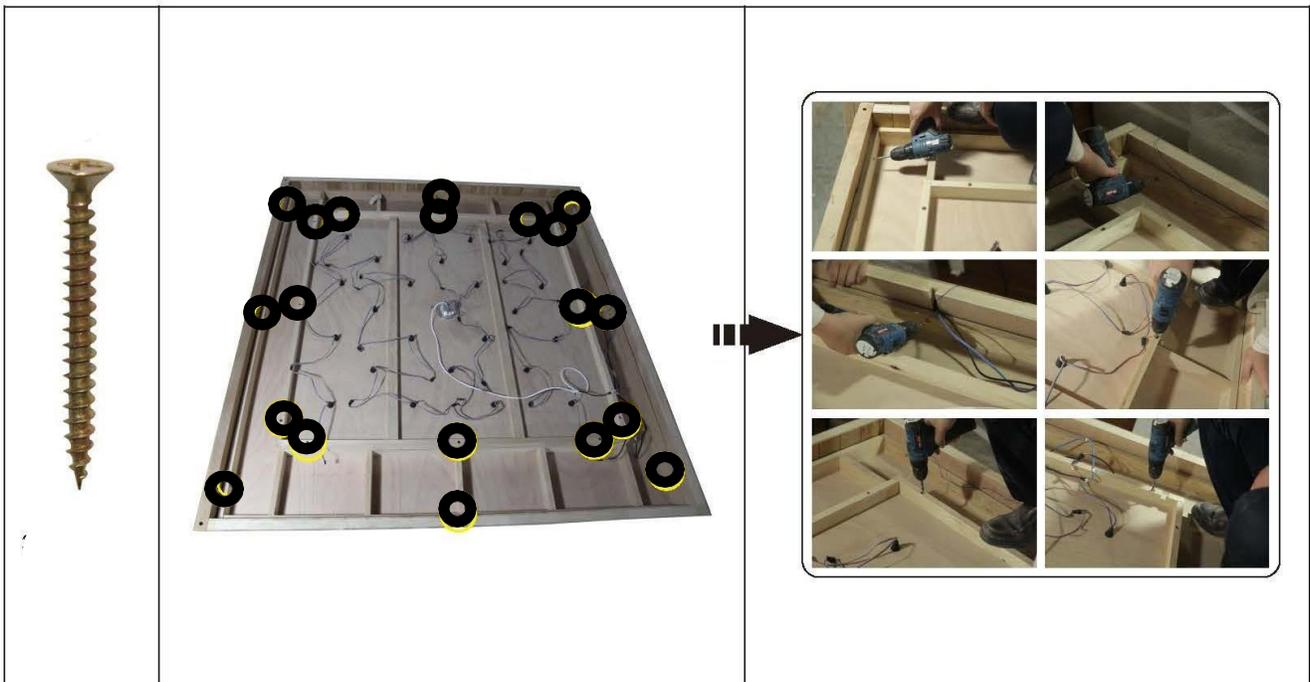


Figure 23



Figure 24

Please Note: Model designs are subject to change. Steam heater must be installed by a certified electrician.

J. Installing the Stove

Please Note: The stove must be installed by a certified electrician per the manufacturer's manual. The stove must be installed per the electrical code in your area with reference to the breaker and wire sizes & wire material. Be sure to follow the manufacturer's manual for proper and safe installation of the stove.

1. First, you will need to locate the wood housing for the stove and assemble it using the provided screws. (see Figure 24)



Figure 24

2. Next, the stove will need to be lifted and placed inside the wood housing and onto the metal brackets at the bottom of the wood housing. (see Figure 25)



Figure 25

ASSEMBLY COMPLETED!

SAUNA CONTROL PANEL - GENERAL INTRODUCTION

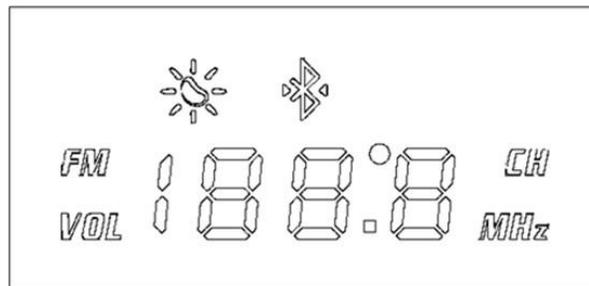
1. Description of Functions

Functions	
Touch Key technology	√
FM Radio	√
Reading Lamp	√
Background Lamp and Star Lights	√
Bluetooth Music Play	√

2. Control System Specifications

- A.) Rated Voltage: AC100V-AC240V
- B.) Bluetooth Approximate Effective Distance: 33 feet
- C.) Rated Power: 50Hz/60Hz

3. LCD Screen displays the following information:



4. Devices controlled by the Control System are:

- A.) Reading Lamp
- B.) Background Lamp and Star Lights
- C.) Speaker System

5. Control Panel Display



CONTROL PANEL OPERATION

1. “ **Power** ”: Powers the unit “ON/OFF”.

A.) Press the “ **Power** ” to turn the Control Panel “ON”. The LED will display “  “, which means the Control System has powered “ON”. In addition, the Reading Lamp should be “ON” as well. If you press the “ **Power** ” once again, the Control Panel will turn “OFF”.

B.) The Control System will remain “ON” for 45 minutes. After the 45 minutes has expired, the Control System will turn “OFF”.

2. “ **Light 1** ”: Powers the Reading Lamp “ON/OFF”.

A.) Press the “ **Light 1** ” to turn the Reading Lamp “ON”. The LED will show “  “. Press the “ **Light 1** ” again to turn the Reading Lamp “OFF” and the “  “ will disappear.

3. “ **Light 2** ”: Powers the Background Lamp and Star Lights “ON/OFF”.

A.) Press the “**Light 2**” to turn on the Background Lamp and Star Lights. The LED will show “”. Press the “**Light 2**” again to turn the Background Lamp and Star Lights “OFF” and the “” will disappear.

4. “**Media**”: Powers on the Radio and operates the Bluetooth ().

A.) Press the “**Media**” to turn “ON” the FM function of the Radio. The LCD display will show the current frequency. When you press the “**Media**” again, you will turn on the Bluetooth function allowing you to connect your musical device. Once the Bluetooth is connected to your musical device, the “” and “” will stop flashing. If the “” and “” continue to flash, then your musical device has not connected to the Bluetooth.

B.) To exit from “**Media**”, press “**Media**” a third time.

C.) If you have exited from “**Media**”, you will need to press the “**Media**” to return to the FM function. The FM frequency range is 87.5MHz – 108.0MHz. You can select a FM radio station by pressing “” and “”. If you press either “” or “” for more than 2 seconds, the system will search for radio stations. You will see the selected radio station on the Control Panel display. If you scroll to the frequency range limit (say 108.0MHz), press the “” again and it will continue to 87.5MHz.

D.) To set the radio station, press the “**Set**” until you see “*VOL*” flashing on the Control Panel display. While it is flashing, press the “” and “” to select the station you want memorized. Then press “**Mem**” and hold for 3 seconds to store it. Once stored, you can search the memory to find that stored station. When you are still in the FM function, press “**Set**” until the Control Panel displays “*CH*”. Then press “” or “” to select a stored station. To exit, press “**Media**”.

E.) To sink with Bluetooth, search the Bluetooth device name “**JOYONWAY**”. The password will be “**2288**” and you should now be able to pair with the device.

Once the Bluetooth is connected to your musical device, the “” and “” will stop flashing. If the “” and “” continue to flash, then your musical device has not connected to the Bluetooth. To disconnect your device from the Bluetooth, turn off your device and press “” for 3 seconds.

F.) To pause the music while your musical device is playing, press “” for 3 seconds. Do the same to stop the pause and continue playing music. To play the previous song or next song, you can press “” or “”.

G.) The volume adjusting range is from -80dB to 0dB. To adjust the volume, press “” until “VOL” blinks on the Control Panel display. You can in press the “” and “” to adjust the volume setting. If you hold the “” and “” for more than 2 seconds, the volume will increase/decrease at a faster pace.

After 5 seconds, the volume setting will be stored and the function will cancel itself.

Tips for using Your Sauna

- 1) If you take a hot/warm shower or bath before using your sauna, you may perspire more and experience more comfort.
- 2) Drink water prior to, during, and after your sauna session to replenish body fluids.
- 3) To regulate the set temperature inside the sauna to your comfort level, use the movable ventilation or leave the door open slightly. The ventilation is installed on the sauna and used based on personal preference.
- 4) Use 2 or 3 towels during your sauna session. Fold one of the towels several times and place it on the bench. This towel will absorb some of your perspiration while adding comfort as you sit on the bench. Place another towel on the floor to absorb perspiration as it falls from your body. Use a third towel to wipe perspiration from your body from time to time.
- 5) At the first sign of a cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of viruses.
- 6) To help relieve sore and tense muscles, massage the affected areas during your sauna session.
- 7) To treat your ankles and feet more effectively, you can elevate them and move them close to one of the heat emitters to achieve a deep heating effect.
- 8) The peaceful and relaxed state rendered by a sauna session may help you to sleep easier and deeper.
- 9) To protect the life of the stove, you can plug the unit into a GFCI outlet or unplug it when not in use.
- 10) After the sauna session is over, do not jump into the shower or bath immediately. Because your body was heated up during the sauna session, it will continue to perspire even after you exit the sauna room. Sit in the sauna with the door open slightly and let your body cool down. Once your

body has cooled down and you feel comfortable, you can exit the sauna. After about twenty minutes and when your body has completely cooled down, you can take a shower to rinse the perspiration off your body.

Safety Instructions

- 1.) Read and follow all instructions carefully before using the sauna.
- 2.) When installing and using the electrical equipment, safety precautions should always be followed.
- 3.) To reduce the risk of injury, do not allow children to use the sauna unless they are directed by a medical doctor and are closely supervised at all times by an adult.
- 4.) Do not use the sauna immediately following strenuous exercises. Wait at least 30 minutes to allow the body to cool down completely.
- 5.) Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during pregnancy.
- 6.) **Hyperthermia Danger:** the normal body temperature can't rise above 39°C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia could make your body's core temperature rise. Setting desired temperature to an excessively high temperature is not recommended.
- 7.) The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness and/or other harmful physical injuries .
- 8.) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
- 9.) Persons using medications should consult a physician before using the sauna. Some medications may induce drowsiness while others may affect the heart rate, blood pressure, and/or blood circulation.
- 10) Exercise care before and after sauna use.
- 11) Never sleep inside the sauna.
- 12) Do not use any type of cleaning agents on the interior of the sauna. Only wipe down with a cloth and water.
- 13) Do not stack or store any object on top or inside the sauna.
- 14) If the power supply cord becomes damaged, it must be replaced immediately by the manufacturer or its agent. If you find the power cord is too hot or that the electrical equipment may be experiencing technical problems, please contact the manufacturer or its agent immediately to avoid hazardous conditions.
- 15) Do not use the sauna during an electrical storm to avoid risk of shock.
- 16) Do not touch the glass door hinges during sauna use as they become very hot to the touch.
- 17) Your hands must be dry and free of moisture before plugging and unplugging cords and wiring harnesses from the power supply and circuit boards. Never operate the sauna with wet hands or

wet feet to avoid risk of electric shock. Never touch the metal prongs of the plug.

- 18) Do not attempt to make any repairs yourself without contacting the manufacturer first. If a problem occurs with the sauna, please contact seller, distributor, or the manufacturer to avoid safety risks. Unauthorized repair attempts will void the manufacturer's warranty.
- 19) Please make sure the outlet power supply meets the specifications required. Failure to meet the requirements may cause safety risks.
- 20) Some sauna models are equipped with reading and roof lamps. Because the lamp temperature will become very hot once powered on, do not attempt to touch the lamp to avoid being burned. Do not attempt to touch it for at least 20 minutes after it has been powered off.

- 21) Do not bump, hit, or break the stove as it may cause an electrical short and pose a safety risk.
- 22) Do not make any modifications to the sauna, the sauna structure, or the sauna components.
- 23) Prior to each sauna session, the sauna room is to be inspected for correct operation. If for any reason your sauna room does not seem to be operating properly, discontinue use and contact the manufacturer.

Safeguards For Your Sauna

1. Do not install the sauna near water, near a bathtub, near a shower, in a wet basement, or near a swimming pool.
2. Do not use liquid cleaners or aerosol cleansers inside the sauna. Unplug the sauna from the wall outlet before cleaning. Use plain water and a soft cloth for cleaning.
3. The power supply cord should be routed so that it is not walked on or pinched by any object that may be placed against it.
4. When replacement parts are required, be sure they meet the specified requirements of the manufacturer.

Unauthorized substitutes may result in fire, electric shock, or other hazardous conditions. After any repairs, please ask the service technician to perform safety checks to determine that your sauna is working properly.

5. Do not use any wall receptacle adapter or extension cord between the sauna cord and wall receptacle.

Limited Lifetime Warranty

***Limited Lifetime Warranty:** Golden Designs, Inc. warrants the sauna room and its attached electronics against defects in material and workmanship for the life of the product from the original date of purchase. **This sauna is for indoor use or outdoor use when protected from the outdoor weather elements by a structure that includes a water-proof roof. When not in use and placed outdoors, a water proof cover must be used to cover the sauna room or the warranty will become void. Any damage due to direct exposure to outdoor weather elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty. Any damages as a result of modifications made to the sauna or its components will void this warranty.**

Extent of Warranty: This limited warranty applies to products manufactured or distributed by Golden Designs, Inc. under the Golden Designs Inc. brand name, delivered in the continental United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame, owner transfer, or relocation. The warranty extends to the sauna room and excludes the stove as it is covered by its own manufacturer warranty. **Your sales receipt showing the date of purchase of the product is your proof of purchase.**

Manufacturer Warranty

All Golden Designs, Inc. products are manufactured with the highest quality appliances and are warranted to be free from defects in material and workmanship at the time of delivery. The appliance warranty is extended through the manufacturer for the product including, but not limited to: sauna control panel and connected wire harnesses. All exchanged parts and products replaced under this warranty will become the property of Golden Designs, Inc. Golden Designs, Inc. reserves the right to change for any part not covered under the existing warranty. Any parts determined to be defective must be returned to Golden Designs, Inc. at its discretion to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with the transportation of the parts. In addition you are responsible for insuring any parts shipped or returned. You must present Golden Designs, Inc. with proof of purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof of purchase documents will be cause to **VOID** this limited warranty. Products on which the serial number has been defaced or removed is not eligible for warranty service.

Warranty Limitations

This warranty does not apply if the unit has been subject to negligence, alteration, modification, misuse, abuse, repairs by non-Golden Designs, Inc. authorized personnel, inappropriate installations, or any case beyond the control of Golden Designs, Inc. invalidating this warranty including but are not limited to:

- Use of lacquer or paints
- Sauna and other Golden Designs, Inc. products accessories placed on non-approved surfaces
- Outdoor applications when not protected from outdoor weather elements
- Normal wear and tear or weathering
- Use of product not in accordance with instructions

Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Note:

Since the wood used in construction has been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment.

Disclaimers

Golden Designs, Inc. shall not be liable for loss of use of sauna or other Golden Designs, Inc. products or other secondary or incidental or consequential costs, expense or damages - which may include the removal of permanent structures or other custom fixtures or the necessity for crane removal - arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall Golden Designs, Inc. or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

Legal Remedies

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

Customer Service

For customer service, contact your authorized dealer. If you need additional information or assistance, please email Golden Designs, Inc. at info@goldendesignsinc.com or call (909) 212-5555.

*Limited Lifetime Warranty of Sauna Products is 7 years on wood structure, control panel, and applicable control panel harnesses and lights from the date of purchase. Stove/heater is covered under its manufacturer's applicable warranty.

WARRANTY CARD

Congratulations on your purchase of an Infrared Sauna from Golden Designs, Inc. Please take the time to complete the following Warranty Card and mail it back to:

**Golden Designs, Inc.
3550 Jurupa Street, Unit B
Ontario, CA 91761**

Please include a copy of your sales receipt showing date of purchase as this will serve as proof of purchase.

****Serial number (S/N) is located on the sauna's front panel, rear panel, or on the carton.****

DETACH HERE



WARRANTY CARD

All fields must be completed to validate the warranty.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____

Purchase Date: _____

Product Name: _____

Purchase From: _____

Serial Number: _____